# CATERING MENU



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# Catering for all occasions... no party too large or too small

Do you want your event to stand out? At **The Culinary Studio**, we don't believe in a "one size fits all" approach to catering. We have a variety of menus, each of which can be custom tailored to meet your needs. Whether you are having a cocktail party, buffet, formal sitdown dinner, wedding reception, brunch, barbeque, or business meeting, The Culinary Studio can provide anything and everything for your event. Please review our food selection and call to set up an appointment with one of our catering managers. Together, we can create a personalized party plan and menu to satisfy your every desire.

# HORS D'OEUVRES

# **HOT HORS D'OEUVRES**

#### **Poultry**

Coconut Chicken Skewers – with a orange marmalade dip

Mini Chicken Cordon Bleu - breaded chicken stuffed with ham and

Swiss cheese; served with mushroom dip

Lemon Basil Chicken Drumettes - with pesto dip

**Sesame Chicken Pieces** – with honey mustard

Mediterranean Chicken Skewers- zucchini and tomato tizzini dip

Chicken Sliders—with Swiss cheese and ranch dressing

Chicken & Cheese Quesadillas – with salsa

Peking Duck Purses – with duck sauce

Chicken Saté – with teriyaki peanut sauce

Chicken Dumplings – with soy-ginger sauce

#### Meat

**Mini Beef Wellingtons** – filet mignon in puff pastry with pâté; served with mushroom dip

Mini Pulled Pork Tostada – with coleslaw and guacamole

Asian Skirt Steak Saté

Mini Meatballs – sweet & sour or Swedish

Grilled Baby Lamb Chops – with mint yogurt dip

Mini Italian Panini -

Franks in Pastry – with spicy mustard

Sliders – mini Cheese burgers with shallot Dijon relish

Five Spice Pork Skewers- ginger lime dip

Marinated Cubed Filet wrapped in bacon

Mini Hot Dogs- with relish and ketchup

#### Seafood

Mini Crab Cakes – with remoulade sauce

Butter Milk Fried Scallops- with tartar sauce

Thai Shrimp Wontons- with Thai dip

Mini Lump Crab Cakes – with traditional tartar sauce

**Coconut Shrimp** – with apricot mustard

Shrimp Pot Stickers – with soy-ginger sauce

**Grilled Shrimp Skewers** – with a mango lime dip

Bacon Wrapped Scallops

Cilantro Lime Grilled Shrimp- with cilantro mayo

#### Vegetarian

Yukon Gold Potato Pancakes – with apple cranberry sauce

Wild Mushroom Risotto Balls

Mini Spanakopita – spinach and feta in filo pastry

**Brie en Filo with Raspberry** – Brie cheese with raspberry jam and almonds; wrapped in filo pastry

Mini Vegetable Spring Rolls – with soy-ginger sauce

Mini Three Cheese Melts

Focaccia Pizzettes

Mini Assorted Quiche – spinach, broccoli, and zucchini

Mini Brie Purses- with pecans and chutney

Spinach and Three Cheese Stuffed Mushrooms

Old Fashion Macaroni & Cheese Cups

Sweet Potato Wantons – with apricot chutney dip

# **COLD HORS D'OEUVRES**

Shrimp Cocktail – with lemon garni

Colossal Shrimp Cocktail

**Grapes en Fromage** – red grapes wrapped in cream cheese & rolled in chopped nuts

Red & Yellow Potatoes – stuffed with sour cream & caviar, or baconscallion mousse

**Deviled Eggs** – filled with lemon and herbs

**Cucumber Rounds** – filled with a crab meat mousse

Lobster Salad – served on a herb toasts or mini hot dog buns

Mini Tartlets – filled with goat cheese & roasted tomatoes or

roasted garlic with red & yellow peppers

Steak Crostini – with blue cheese herb mustard

**Asparagus** – wrapped with provolone & prosciutto

Filet Mignon en Croute – sliced filet mignon on a petit toast with horseradish sauce

Smoked Salmon with Dill & Crème Fraiche – served on a toasted

herb pumpernickel rounds

"†Sesame Seared Tuna – on a mini rice cracker with wasabi dip

Mozzarella Rollatini - with salami, prosciutto, and pepperoni

Tomato Bruschetta Cups

Endive filled with creamy blue cheese and honey glazed walnuts

Capresse Skewers- tomato and fresh mozzarella with a balsamic glaze

Gorgonzola Canapés

# STATIONARY ITEMS

Fresh Crudité Basket – fresh seasonal vegetables with homemade buttermilk ranch dip or fresh spinach dip

Brie en Croute – French Brie topped with blueberries & almonds, cherries & pecans, or chutney & almonds; wrapped in puff pastry and served with homemade toasts

Assorted Canapé Platter – zucchini cups, stuffed new potatoes, mozzarella rollatini, grapes in formage, asparagus wrapped with provolone & prosciutto

Seven Layer Mexican Dip – served with tricolor tortilla chips

Bread Bowl with Spinach Dip & Vegetables

Chick Pea Dip & Homemade Pita Toasts – presented in a basket

Traditional Antipasto Platter – assorted imported cheeses and Italian dried & cured meats arranged with a variety of marinated grilled vegetables; accompanied by assorted breads

Assorted Imported Cheese Platter - displayed with fresh & dried fruits; served with assorted toasts & crackers

Bread Bowl with Cheese and Fresh Vegetables

Assorted Dips & Chips- Chickpea, Salsa, Guacamole, and Spinach with Tri-Color chips and pita toasts

### SPECIALTY DISPLAYS & NOVELTY BARS

"Chilled Seafood Display - chilled lobster tails, jumbo shrimp, littleneck clams, and oysters; served with a variety of sauces

Bruschetta Bar -toasted bread rounds with a variety of toppings: traditional tomato & herb, artichoke & olives, roasted wild mushroom & white bean, and roasted tomatoes.

Tuscan Fair – assorted imported Italian dried & cured meats, olives, and cheeses arranged with a variety of marinated grilled vegetables & roasted red peppers; accompanied by assorted breads

Dip Bar – fresh made guacamole, salsa, seven layer Mexican dip, chick pea dip, artichoke dip, and creamy cilantro dip; served with baskets of assorted chips & crackers

# ENTRÉE SELECTIONS

#### Poultry

**Tuscan Roasted Chicken** – pan roasted chicken with rosemary & herbs in a red wine & herb reduction

French Chicken Breast – stuffed with smoked mozzarella, spinach, and herbs in a white wine rosemary sauce

†Grilled Duck Breast – with cranberries in a sherry cream sauce Chicken Marsala – sautéed chicken scallopine in a mushroom sauce

Chicken Piccata – sautéed chicken scallopine in a white wine & lemon sauce

**Chicken Chasseur** – sliced chicken breast sautéed with tomatoes and mushrooms in a light brown sauce

**Chicken Saltimbocca** – chicken scaloppini topped with prosciutto, spinach, and cheese in a white wine & lemon sauce

Chicken Cordon Bleu – with wild mushroom sauce

**Lemon & Oregano Chicken** – roasted, chicken with lemon & oregano

**Chicken Wellington-** chicken breast rubbed with Mushroom pâté and wrapped in puff pastry, served with sauce de château

#### Lamb & Pork

†Roast Rack of Lamb – Dijon and herb crusted with sauce de château

Roasted Boneless Leg of Lamb – with a port wine demi-glace Stuffed Pork Loin– with sausage, spinach & herbs, and smoked mozzarella; served with a wild mushroom sauce

Spiral Sliced Ham – with apricot chutney and a brown sugar glaze Peppercorn Crusted Pork Tenderloin – with a peppercorn sauce Braised Baby Back Ribs – with thousand-spice Chinese barbeque sauce

Citrus Marinated Pork Tenderloins – sliced tableside Pork Cutlet Milanese – breaded pork cutlet with broccoli, tomatoes, Gorgonzola cheese, red onions, and balsamic vinaigrette

#### Seafood

Baked Sole – with a lemon parsley sauce

Stuffed Sole Florentine – baked filet of sole stuffed with spinach and cheese in a tomato dill sauce

†Grilled Halibut or Chilean Sea Bass – with soy ginger broth †Grilled Tuna or Swordfish Steak – with a fresh tomato, cucumber, and cilantro salsa

Jumbo Shrimp Stuffed with Crab – with lobster bisque sauce Grilled Salmon Filet – marinated in extra virgin olive oil & lemon Roasted Salmon Filet – with mustard, tarragon, & chive sauce

Herb Coated Tilapia – with fresh lime wedges

†Broiled Lobster Tail - with herb butter

**Mediterranean Salmon** – with sliced tomatoes & grilled onions in a lemon dill sauce

**Traditional Shrimp Scampi** – with white wine, lemon, and garlic. **Asian Grilled Salmon** –grilled salmon filet with teriyaki, scallions sesame seeds and pickled ginger

#### Beef & Veal

†Roasted Filet Mignon – with wild mushroom or Béarnaise sauce Grilled London Broil – with mushrooms Bordelaise

Asian Marinated Grilled Skirt Steak

†Beef Wellington – filet mignon rubbed with pâté and wrapped in puff pastry, served with sauce de château

† Beef Tenderloin – with a garlic and Dijon rub, served with a horseradish cream sauce

Beef Mignonettes au Poivre – in a brandy cream sauce

Veal Piccata – in a white wine & lemon sauce

**Veal Cutlet Milanese** – breaded veal cutlet topped with chopped tomatoes and mozzarella

**Peppercorn Crusted Black Angus Eye Round** – with a wild mushroom sauce

**Veal Saltimbocca** – veal scallopine topped with prosciutto, spinach, and cheese in a white wine & lemon sauce

Slow Braised Beef Brisket

## Room Temperature Entrees

Beef Tenderloin - with a garlic and Dijon rub, served with a horseradish cream sauce

Grilled London broil - Sliced and rolled and served with a horseradish cream sauce

Mediterranean Grilled Chicken Breast - served on a bed of grilled vegetables with a white balsamic vinaigrette

Grilled Chicken Milanese - Grilled chicken cutlet topped with chopped tomatoes and mozzarella

Asian Marinated Grilled Chicken Breast - served on a bed of steamed broccoli and sliced red peppers with a sesame-orange dip

Poached Lobster Tail Platter - with an assortment of dipping sauces

Honey Lime Grilled Grilled Salmon-with fresh pineapple and mango garnish

Cilantro Lime Grilled Colossal Shrimp- with cilantro mayo

Sesame Seared Tuna- Sliced on a bed of Asian greens with wasabi, pickled ginger, and sesame-orange vinaigrette

Shrimp Tower- Colossal Shrimp displayed and garnished on a tower with lemons and assorted dipping sauces

# **SALADS**

#### **Chopped Salad**

mixed field greens with chopped tomatoes, cucumbers, shredded carrots, and black olives

#### Spinach Salad

baby spinach, red onions, mushrooms, bacon, and Tuscan croutons; served with an orange-sesame dressing

#### Tri-Color Salad

radicchio, arugula, shaved Parmesan, and endive; served with a red wine vinaigrette

#### **Culinary Salad**

with roasted pears, toasted walnuts, endive, cherry tomatoes, and Gorgonzola cheese; served with a balsamic vinaigrette

#### Baby Field Greens

with mandarin oranges, caramelized pecans, and goat cheese; served with a raspberry vinaigrette

#### **Spring Greens**

mixed red leaf, romaine, and radicchio with cherry tomatoes and endive

#### Blue Cheese Caesar Salad

hearts of romaine lettuce with crumbled blue cheese and homemade croutons; served with Caesar dressing

#### Milanese Salad

chopped romaine, tomatoes, red onions, and mozzarella; served with a pesto vinaigrette

#### Dressings

Balsamic Vinaigrette · Honey Mustard · Poppy Seed Balsamic & Gorgonzola · Caesar · Blue Cheese Buttermilk Ranch · Oil & Vinegar · Orange-Sesame Sesame-Soy · Cilantro & Lime · Raspberry Vinaigrette Pesto Vinaigrette · Roasted Red Pepper Vinaigrette Red Wine Vinaigrette · Red Wine & Honey Vinaigrette

### **PASTAS**

#### Penne alla Vodka

prosciutto and sundried tomatoes in a tomato cream sauce

#### Penne with Grilled Chicken and Baby Spinach

in an oil & garlic sauce

#### Rigatoni with Sweet Sausage & Roasted Peppers

Pomodoro sauce

#### Baby Shrimp and Broccoli

in a tomato cream sauce (Pink Sauce)

#### Broccoli Rabe and Sausage

sautéed broccoli rabe and sausage in an oil & garlic sauce; served over rigatoni

#### Tortellini Pomodoro

cheese tortellini in a fresh tomato sauce

#### Wild Mushroom Fettuccine

ribbon-shaped pasta in a wild mushroom cream sauce

#### Pasta Primavera

mixed seasonal vegetables over fusilli in oil & garlic sauce or pomodoro sauce

#### Penne with Spinach and Cherry Tomatoes

in a Gorgonzola cream sauce

Penne with Escarole and white beans in oil & garlic sauce

Bowties in a Spicy Sausage Cream sauce

Crumbled hot sausage and roasted peppers in a cream sauce

# <u>ACCOMPANIMENTS</u>

#### Vegetables

#### Mixed Vegetables

zucchini, yellow squash, red peppers, and baby carrots dressed with oil & garlic

#### Steamed Asparagus

with shallots & herbs

#### Vegetable Medley

broccoli, cauliflower, and carrots

Green Beans with sautéed mushrooms & herbs, or walnuts

#### Sautéed Snow Peas and Shaved Carrots

#### Sautéed Broccoli Rabe

with roasted garlic and fire roasted red peppers

#### Creamed Spinach

**Grilled Seasonal Vegetables** 

#### Sautéed Baby Spinach

with garlic & herbs

#### Grilled Baby Bok Choy with ginger and water chestnuts

<sup>n</sup> Item is raw.

\* Item is cooked to order.

Consuming raw or undercooked meat, fish, shellfish, or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

† Item not included in base packages. Priced to market.

#### Potatoes & Rice

#### Roasted Red Bliss or Yukon Gold Potatoes

with garlic & herbs

#### Potatoes Boulangère

sliced potatoes with sautéed onions, cheese, herbs, and chicken broth

#### Yukon Gold Potato Rosettes

rosettes of garlic mashed Yukon gold potatoes

#### Twice Baked Potatoes

with cheddar cheese

#### Tuscan Roasted Red & Yellow New Potatoes

in olive oil & herbs

#### **Garlic Mashed Potatoes**

Yukon gold mashed potatoes with roasted garlic

Whipped Sweet Potatoes

White & Wild Rice Pilaf

White & Wild Rice

with cranberries and pecans

#### Rice Pilaf Milanese

with saffron and Parmesan cheese

### DESSERTS

**Assorted Cookie Platter** – a selection of bakery fresh cookies **Fresh Fruit Platter** – served with a raspberry sauce

Sheet Cakes, Specialty Cakes & Pastries – custom made by our bakers Hand Dipped Chocolate Strawberries – in white & milk chocolate

Looking for something more?

This menu is just a sampling of the many dishes we can create for your event. Call us at 631.385.8500 and let us help you plan the perfect party.