CATERING MENU



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Catering for all occasions ... no party too large or too small

Do you want your event to stand out? At **The Culinary Studio**, we don't believe in a "one size fits all" approach to catering. We have a variety of menus, each of which can be custom tailored to meet your needs. Whether you are having a cocktail party, buffet, formal sitdown dinner, wedding reception, brunch, barbeque, or business meeting, The Culinary Studio can provide anything and everything for your event. Please review our food selection and call to set up an appointment with one of our catering managers. Together, we can create a personalized party plan and menu to satisfy your every desire.

HORS D'OEUVRES

HOT HORS D'OEUVRES

Poultry

Coconut Chicken Skewers – with a orange marmalade dip Mini Chicken Cordon Bleu – breaded chicken stuffed with ham and Swiss cheese; served with mushroom dip Sesame Chicken Pieces – with honey mustard Chicken & Cheese Quesadillas – with salsa Chicken Saté – with teriyaki peanut sauce Chicken Dumplings – with soy-ginger sauce Pecan Crusted Chicken – with maple mustard Grilled Lemon Basil Chicken – on a skewer with pesto sauce Peking Duck Quesadillas – with duck sauce BBQ Chicken – wrapped in bacon

<u>Meat</u>

Mini Beef Wellingtons – filet mignon in puff pastry with pâté; served with mushroom dip Mini Pulled Pork Tostada – with coleslaw and guacamole Asian Skirt Steak Saté Mini Meatballs – sweet & sour or Swedish Dijon Baby Lamb Chops – with merlot sauce Franks in Pastry – with spicy mustard Mini Cheeseburger Sliders – with shallot Dijon relish Marinated Cubed Filet – wrapped in bacon Pork Dumpling – with sesame peanut sauce

<u>Seafood</u>

Mini Crab Cakes – with remoulade sauce Mini Lump Crab Cakes – with traditional tartar sauce Coconut Shrimp – with apricot mustard Shrimp Pot Stickers – with soy-ginger sauce Grilled Shrimp Skewers – with a mango lime dip Bacon Wrapped Scallops Shrimp Tempura – with Thai dip Lobster and Crab Stuffed Cremini Mushrooms Salmon en Croute – with dill sauce California Rolls

<u>Vegetarian</u>

Yukon Gold Potato Pancakes – with apple cranberry sauce Milanese Risotto Balls Mini Spanakopita – spinach and feta in filo pastry Brie en Filo with Raspberry – Brie cheese with raspberry jam and almonds; wrapped in filo pastry Mini Vegetable Spring Rolls – with soy-ginger sauce Mini Assorted Quiche – spinach, broccoli, and zucchini Mini Brie Purses – with pecans and apricot chutney Spinach and Three Cheese Stuffed Mushrooms Old Fashion Macaroni & Cheese Cups Vegetable and Cheese Quesadillas – with salsa Margherita Pizza Square

COLD HORS D'OEUVRES

Shrimp Cocktail – with lemon garni
Colossal Shrimp Cocktail
Grapes en Fromage – red grapes wrapped in cream cheese & rolled in chopped nuts
Red & Yellow Potatoes – bacon-scallion mousse

Deviled Eggs – filled with lemon and herbs

Cucumber Rounds – filled with a smoked salmon mousse **Lobster Salad** – served on herb toasts or mini hot dog buns

Mini Tartlets – filled with goat cheese & roasted tomatoes

Apricot Chutney Chicken Tartlets – in a cucumber cup

Asparagus Wrapped in Provolone and Prosciutto

Filet Mignon en Croute – sliced filet mignon on a petit toast with horseradish sauce

Smoked Salmon with Dill & Crème Fraiche – served on a toasted herb pumpernickel rounds

^{a†}Sesame Seared Tuna – on a mini rice cracker with wasabi dip Mozzarella Rollatini – with salami, prosciutto, and pepperoni Tomato Bruschetta Cups

Endive – filled with creamy blue cheese and honey glazed walnuts **Caprese Skewers** – tomato and fresh mozzarella with a balsamic glaze

STATIONARY ITEMS

Fresh Crudité Basket – fresh seasonal vegetables with homemade buttermilk ranch dip or fresh spinach dip Bread Bowl with Spinach Dip & Fresh Vegetables

Bread Bowl with Spinach Dip & Fresh Vegetables & Cheese

Assorted Imported Cheese Platter - displayed with fresh & dried fruits; served with assorted toasts & crackers

Traditional Antipasto Platter – assorted imported cheeses and Italian dried & cured meats arranged with a variety of marinated grilled vegetables; accompanied by assorted breads

Assorted Canapé Platter – zucchini cups, stuffed new potatoes, mozzarella rollatini, grapes in formage, asparagus wrapped with provolone & prosciutto

Brie en Croute – French Brie topped with blueberries & almonds, cherries & pecans, or chutney & almonds; wrapped in puff pastry and served with homemade toasts

Seven Layer Mexican Dip – served with tricolor tortilla chips

Chick Pea Dip & Homemade Pita Toasts - presented in a basket

Cold Crab Meat Dip – with assorted toasts

Hot Spinach and Artichoke Bread Bowl – with bagel chips

SPECIALTY DISPLAYS & NOVELTY BARS

^aChilled Seafood Display – chilled lobster tails, jumbo shrimp, littleneck clams, and oysters; served with a variety of sauces Bruschetta Bar –toasted bread rounds with a variety of toppings: traditional tomato & herb, artichoke & olives, roasted wild mushroom & white bean, and roasted tomatoes.

Tuscan Fair – assorted imported Italian dried & cured meats, olives, and cheeses arranged with a variety of marinated grilled vegetables & roasted red peppers; accompanied by assorted breads

Dip Bar – fresh made guacamole, salsa, seven layer Mexican dip, chick pea dip, artichoke dip, and creamy cilantro dip; served with baskets of assorted chips & crackers

ENTRÉE SELECTIONS

Poultry

Tuscan Roasted Chicken – pan roasted chicken with rosemary & herbs in a red wine & herb reduction

French Chicken Breast – stuffed with smoked mozzarella, spinach, and herbs in a white wine rosemary sauce

[†]**Grilled Duck Breast** – with cranberries in a sherry cream sauce **Chicken Marsala** – sautéed chicken scallopine in a mushroom sauce

Chicken Piccata – sautéed chicken scallopine in a white wine & lemon sauce

Chicken Chasseur – sliced chicken breast sautéed with tomatoes and mushrooms in a light brown sauce

Chicken Saltimbocca – chicken scaloppini topped with prosciutto, spinach, and cheese in a white wine & lemon sauce

Chicken Cordon Bleu – with wild mushroom sauce

Lemon Oregano Chicken – roasted, chicken with lemon & oregano

Chicken Wellington – chicken breast rubbed with Mushroom pâté and wrapped in puff pastry, served with sauce de château

Lamb & Pork

†Roast Rack of Lamb – Dijon and herb crusted with sauce de château

Roasted Boneless Leg of Lamb – with a port wine demi-glace **Stuffed Pork Loin** – with sausage, spinach & herbs, and smoked mozzarella; served with a wild mushroom sauce

Spiral Sliced Ham – with apricot chutney and a brown sugar glaze **Peppercorn Crusted Pork Tenderloin** – with a peppercorn sauce **Braised Baby Back Ribs** – with thousand-spice Chinese barbeque sauce

Citrus Marinated Pork Tenderloins - sliced tableside

Pork Cutlet Milanese – breaded pork cutlet with broccoli, tomatoes, Gorgonzola cheese, red onions, and balsamic vinaigrette

<u>Seafood</u>

Baked Sole – with a lemon parsley sauce **Stuffed Sole Florentine** – baked filet of sole stuffed with spinach and cheese in a tomato dill sauce

[†]Grilled Halibut or Chilean Sea Bass – with soy ginger broth [†]Grilled Tuna or Swordfish Steak – with a fresh tomato, cucumber, and cilantro salsa

Jumbo Shrimp Stuffed with Crab – with lobster bisque sauce Grilled Salmon Filet – marinated in extra virgin olive oil & lemon Roasted Salmon Filet – with mustard, tarragon, & chive sauce Herb Coated Tilapia – with fresh lime wedges

Broiled Lobster Tail – with herb butter

Mediterranean Salmon – with sliced tomatoes & grilled onions in a lemon dill sauce

Traditional Shrimp Scampi – with white wine, lemon, and garlic **Asian Grilled Salmon** – grilled salmon filet with teriyaki, scallions sesame seeds and pickled ginger

Beef & Veal

Roasted Filet Mignon** – with wild mushroom or Béarnaise sauce Grilled London Broil - with mushrooms Bordelaise Asian Marinated Grilled Skirt Steak *Beef Wellington – filet mignon rubbed with pâté and wrapped in puff pastry, served with sauce de château **†Beef Tenderloin – with a garlic and Dijon rub, served with a horseradish cream sauce Beef Mignonettes au Poivre - in a brandy cream sauce Veal Piccata - in a white wine & lemon sauce Veal Cutlet Milanese - breaded veal cutlet topped with chopped tomatoes and mozzarella Peppercorn Crusted Black Angus Eye Round - with a wild mushroom sauce Veal Saltimbocca - veal scallopine topped with prosciutto, spinach, and cheese in a white wine & lemon sauce Slow Braised Beef Brisket

Room Temperature Entrees

Beef Tenderloin – with a garlic and Dijon rub, served with a horseradish cream sauce
Grilled London Broil – Sliced and rolled and served with a horseradish cream sauce
Mediterranean Grilled Chicken Breast – served on a bed of grilled vegetables with a white balsamic vinaigrette
Grilled Chicken Milanese – Grilled chicken cutlet topped with chopped tomatoes and mozzarella
Asian Marinated Grilled Chicken Breast – served on a bed of steamed broccoli and sliced red peppers with a sesame-orange dip
Poached Lobster Tail Platter – with an assortment of dipping sauces
Honey Lime Grilled Salmon – with fresh pineapple and mango garnish
Cilantro Lime Grilled Colossal Shrimp – with cilantro mayo
Sesame Seared Tuna – sliced on a bed of Asian greens with wasabi, pickled ginger, and sesame-orange vinaigrette
Shrimp Tower – Colossal Shrimp displayed and garnished on a tower with lemons and assorted dipping sauces



Chopped Salad

mixed field greens with chopped tomatoes, cucumbers, shredded carrots, and black olives

Spinach Salad

baby spinach, red onions, mushrooms, bacon, and Tuscan croutons; served with an orange-sesame dressing

Tri-Color Salad

radicchio, arugula, shaved Parmesan, and endive; served with a red wine vinaigrette

Culinary Salad

with roasted pears, toasted walnuts, endive, cherry tomatoes, and Gorgonzola cheese; served with a balsamic vinaigrette

Baby Field Greens

with mandarin oranges, caramelized pecans, and goat cheese; served with a raspberry vinaigrette

Spring Greens

mixed red leaf, romaine, and radicchio with cherry tomatoes and endive

PASTAS

Penne alla Vodka

prosciutto and sundried tomatoes in a tomato cream sauce Penne with Grilled Chicken and Baby Spinach

in an oil & garlic sauce

Rigatoni with Sweet Sausage & Roasted Peppers

Pomodoro sauce

Baby Shrimp and Broccoli

in a tomato cream sauce (Pink Sauce)

Broccoli Rabe and Sausage

sautéed broccoli rabe and sausage in an oil & garlic sauce; served over rigatoni

Tortellini Pomodoro

Blue Cheese Caesar Salad

Milanese Salad

pesto vinaigrette

croutons; served with Caesar dressing

cheese tortellini in a fresh tomato sauce

Wild Mushroom Fettuccine

ribbon-shaped pasta in a wild mushroom cream sauce

Pasta Primavera

mixed seasonal vegetables over fusilli in oil & garlic sauce or pomodoro sauce

hearts of romaine lettuce with crumbled blue cheese and homemade

chopped romaine, tomatoes, red onions, and mozzarella; served with a

Dressings

Balsamic Vinaigrette · Honey Mustard · Poppy Seed

Balsamic & Gorgonzola · Caesar · Blue Cheese

Buttermilk Ranch · Oil & Vinegar · Orange-Sesame

Sesame-Soy · Cilantro & Lime · Raspberry Vinaigrette

Pesto Vinaigrette · Roasted Red Pepper Vinaigrette

Red Wine Vinaigrette · Red Wine & Honey Vinaigrette

Penne with Spinach and Cherry Tomatoes

in a Gorgonzola cream sauce Penne with Escarole and white beans in oil & garlic sauce

Bowties in a Spicy Sausage Cream sauce

Crumbled hot sausage and roasted peppers in a cream sauce

COMPANIMEN

Potatoes & Rice

Roasted Red Bliss or Yukon Gold Potatoes with garlic & herbs Potatoes Boulangère sliced potatoes with sautéed onions, cheese, herbs, and chicken broth Yukon Gold Potato Rosettes rosettes of garlic mashed Yukon gold potatoes **Twice Baked Potatoes** with cheddar cheese Tuscan Roasted Red & Yellow New Potatoes in olive oil & herbs **Garlic Mashed Potatoes** Yukon gold mashed potatoes with roasted garlic Whipped Sweet Potatoes White & Wild Rice Pilaf White & Wild Rice with cranberries and pecans **Rice Pilaf Milanese** with saffron and Parmesan cheese

DESSERTS

Assorted Cookie Platter – a selection of bakery fresh cookies Fresh Fruit Platter - served with a raspberry sauce

Sheet Cakes, Specialty Cakes & Pastries - custom made by our bakers Hand Dipped Chocolate Strawberries - in white & milk chocolate

Looking for something more?

This menu is just a sampling of the many dishes we can create for your event. Call us at 631.385.8500 and let us help you plan the perfect party.

<u>Vegetables</u>

Mixed Vegetables zucchini, yellow squash, red peppers, and baby carrots dressed with oil & garlic Steamed Asparagus with shallots & herbs Vegetable Medley broccoli, cauliflower, and carrots Green Beans with sautéed mushrooms & herbs, or walnuts Sautéed Snow Peas and Shaved Carrots Sautéed Broccoli Rabe with roasted garlic and fire roasted red peppers **Creamed Spinach Grilled Seasonal Vegetables** Sautéed Baby Spinach with garlic & herbs Grilled Baby Bok Choy with ginger and water chestnuts [¤] Item is raw. * Item is cooked to order. Consuming raw or undercooked meat, fish, shellfish, or fresh shell eggs may increase

your risk of food-borne illness, especially if you have certain medical conditions.

† Item not included in base packages. Priced to market.