

CATERING MENU



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Catering for all occasions . . . no party too large or too small

Do you want your event to stand out?

At The Culinary Studio, we don't believe in a "one size fits all" approach to catering. We have a variety of menus, each of which can be custom tailored to meet your needs. Whether you are having a cocktail party, buffet, formal sit-down dinner, wedding reception, brunch, barbeque, or business meeting, The Culinary Studio can provide anything and everything for your event. Please review our food selection and call to set up an appointment with one of our catering managers. Together, we can create a personalized party plan and menu to satisfy your every desire.

HORS D'OEUVRES

HOT HORS D'OEUVRES

Poultry

BBQ Chicken – wrapped in bacon
Chicken & Cheese Quesadillas – with salsa
Chicken Saté – with teriyaki peanut sauce
Chicken Teriyaki Dumplings – with soy-ginger sauce
Coconut Chicken Skewers – with a orange marmalade dip
Grilled Lemon Basil Chicken – on a skewer with pesto sauce
Sesame Chicken Pieces – with honey mustard
Thai Chicken Skewer – with pineapple
Buttermilk Chicken Bites - with chipotle dip
Mini Chicken Cordon Blue- with wild mushroom dip
Chicken Parmesan Bites

Meat

† **Grilled Baby Lamb Chops** – with tzatziki
Asian Skirt Steak Saté
Franks in Pastry – with spicy mustard
Filet Wrapped in Bacon
Mini Beef Wellington – filet mignon in puff pastry with pâté; served with mushroom dip
Mini Cheeseburger Sliders – with shallot Dijon relish
Pulled Pork on a Slider Bun – with coleslaw
Mini Italian Meatballs – with spicy tomato sauce
Teriyaki Beef Skewers – with sesame seeds and scallions

Seafood

† **Mini Lump Crab Cakes** – with traditional tartar sauce
Bacon Wrapped Scallops
California Rolls – with wasabi and ginger
Coconut Shrimp – with apricot mustard
Grilled Shrimp Skewers – with a mango lime dip
Mini Crab Cakes – with remoulade sauce
Shrimp Pot Stickers – with soy-ginger sauce

Vegetarian

Brie en Filo with Raspberry – Brie cheese with raspberry jam and almonds; wrapped in filo pastry
Edamame Dumpling with sesame ginger
Margherita Pizza Square
Milanese Risotto Balls with marinara
Mini Assorted Quiche – spinach, broccoli, and zucchini
Mini Spanakopita – spinach and feta in filo pastry
Mini Vegetable Spring Rolls – with soy-ginger sauce
Mushroom Mousse Stuffed Mushrooms
Yukon Gold Potato Pancakes – with apple cranberry sauce

COLD HORS D'OEUVRES

† **Colossal Shrimp Cocktail**
Colossal Cilantro Grilled Shrimp
Apricot Chutney Chicken Tartlets – in a cucumber cup
Deviled Eggs – filled with lemon and herbs
Grapes en Fromage – red grapes wrapped in cream cheese & rolled in chopped nuts
Mini Lobster Rolls

‡ **Sesame Seared Tuna** – on a mini rice cracker with wasabi dip
Asparagus Wrapped in Provolone and Prosciutto
Caprese Skewers – tomato and fresh mozzarella with a balsamic glaze
Tomato Basil Bruschetta Cups
Red & Yellow Potatoes – bacon-scallion mousse

STATIONARY ITEMS

Fresh Crudité Platter – fresh seasonal vegetables with homemade buttermilk ranch or spinach dip in a bread bowl
Crudité and Cheese Platter – with spinach dip, fresh vegetables and an assortment of cheese; served with crackers
Assorted Imported Cheese Platter – displayed with strawberries and grapes; served with crackers
Assorted Canapé Platter – zucchini cups, stuffed new potatoes, grapes in fromage, asparagus wrapped with provolone & prosciutto
Brie en Croute – French Brie topped with raspberries & almonds, blueberries & almonds, cherries & pecans, or apricot chutney & almonds; wrapped in puff pastry and served with homemade toasts
Seven Layer Mexican Dip – served with tricolor tortilla chips
Chick Pea Dip & Homemade Pita Toasts – presented in a basket
Hot Spinach and Artichoke Bread Bowl – with bagel chips

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS ANY FOOD ALLERGIES

ENTRÉE SELECTIONS

Poultry

Tuscan Roasted Chicken – pan roasted chicken with rosemary & herbs in a red wine & herb reduction
French Chicken Breast – stuffed with smoked mozzarella, spinach, and herbs in a white wine rosemary sauce
Chicken Marsala – sautéed chicken scallopine in a mushroom sauce
Chicken Piccata – sautéed chicken scallopine in a white wine & lemon sauce
Chicken Chasseur – sliced chicken breast sautéed with tomatoes and mushrooms in a light brown sauce
Chicken Saltimbocca – chicken scaloppini topped with prosciutto, spinach, and cheese in a white wine & lemon sauce
Chicken Cordon Bleu – with wild mushroom sauce
Lemon Oregano Chicken – roasted chicken, with lemon & oregano

Lamb & Pork

†Roast Rack of Lamb – Dijon and herb crusted with sauce de château
Roasted Boneless Leg of Lamb – with a port wine demi-glaze
Stuffed Pork Loin – with sausage, spinach & herbs, and smoked mozzarella; served with a wild mushroom sauce
Spiral Sliced Ham – with apricot chutney and a brown sugar glaze
Braised Baby Back Ribs – with thousand-spice Chinese barbeque sauce

Seafood

Baked Sole – with a lemon parsley sauce
Stuffed Sole Florentine – baked filet of sole stuffed with spinach and cheese in a tomato dill sauce
†Grilled Halibut or Chilean Sea Bass – with soy ginger broth
†Grilled Tuna or Swordfish Steak – with a fresh tomato, cucumber, and cilantro salsa
Grilled Salmon Filet – marinated in extra virgin olive oil & lemon
Roasted Salmon Filet – with lemon, dill, white wine & capers
†Broiled Lobster Tail – with herb butter
Mediterranean Salmon – with sliced tomatoes & grilled onions in a lemon dill sauce
Traditional Shrimp Scampi – with white wine, lemon, and garlic
Asian Grilled Salmon – grilled salmon filet with teriyaki, scallions sesame seeds and pickled ginger
Shrimp Oreganata

Beef

†Roasted Filet Mignon – with wild mushroom or Merlot sauce
Grilled London Broil – with mushrooms Bordelaise
Asian Marinated Grilled Skirt Steak
†Beef Wellington – filet mignon rubbed with pâté and wrapped in puff pastry, served with sauce de château
†Beef Mignonettes au Poivre – in a brandy cream sauce
Peppercorn Crusted Black Angus Eye Round – with a wild mushroom sauce
Slow Braised Beef Brisket

Room Temperature Entrees

†Beef Tenderloin – with a garlic and Dijon rub, served with a horseradish cream sauce
Grilled London Broil – Sliced and served with a horseradish cream sauce
Mediterranean Grilled Chicken Breast – served on a bed of grilled vegetables with a white balsamic vinaigrette
Grilled Chicken Milanese – Grilled chicken cutlet topped with chopped tomatoes and mozzarella
Grilled Lemon Chicken Breast – served on a bed of spinach
†Poached Lobster Tail Platter – with an assortment of dipping sauces
Grilled Salmon Filets – garnished with lemon and capers
†Cilantro Lime Grilled Colossal Shrimp – with cilantro mayo
†Sesame Seared Tuna – sliced on a bed of Asian greens with wasabi, pickled ginger, and sesame-orange vinaigrette
†Shrimp Tower – Colossal Shrimp displayed and garnished on a tower with lemons and assorted dipping sauces (minimum 4 dz.)
***†Chilled Seafood Display** – chilled lobster tails, jumbo shrimp, littleneck clams, and oysters; served with a variety of sauces (minimum 20 people)

SALADS

Spinach Salad

baby spinach, red onion, mushrooms, bacon, and dried cranberries; served with an orange-sesame dressing

Tri-Color Salad

radicchio, arugula, shaved Parmesan, and endive; served with a red wine vinaigrette

Baby Field Greens

with roasted pears, toasted walnuts, endive, cherry tomatoes; served with a balsamic gorgonzola vinaigrette

Culinary Salad

with mandarin oranges, caramelized pecans, and goat cheese; served with a raspberry vinaigrette

California Field Greens

mixed red leaf, romaine, and radicchio with cherry tomatoes and endive

Traditional Caesar Salad

hearts of romaine lettuce with shaved parmesan and homemade croutons; served with Caesar dressing

Milanese Salad

chopped romaine, tomatoes, red onions, and mozzarella; served with a pesto vinaigrette

Dressings

**Balsamic Vinaigrette · Honey Mustard
Balsamic & Gorgonzola · Caesar · Blue Cheese
Buttermilk Ranch · Oil & Vinegar
Sesame-Soy · Cilantro Lime · Raspberry Vinaigrette
Pesto Vinaigrette · Red Wine Vinaigrette**

PASTAS

Penne alla Vodka

prosciutto and sundried tomatoes in a tomato cream sauce

Penne with Grilled Chicken and Baby Spinach

in an oil & garlic sauce

Rigatoni with Sweet Sausage & Roasted Peppers

Pomodoro sauce

Baby Shrimp and Broccoli

in a tomato cream sauce

Broccoli Rabe and Sausage

sautéed broccoli rabe and sausage in an oil & garlic sauce; served over rigatoni

Tortellini Pomodoro

cheese tortellini in a fresh tomato sauce

Wild Mushroom Fettuccine

ribbon-shaped pasta in a wild mushroom cream sauce

Pasta Primavera

mixed seasonal vegetables over fusilli in oil & garlic sauce or pomodoro sauce

Penne with Escarole and white beans

in oil & garlic sauce

Penne in a Spicy Sausage Cream Sauce

Crumbled hot sausage and roasted peppers in a cream sauce

ACCOMPANIMENTS

Vegetables

Mixed Vegetables

zucchini, yellow squash, red peppers, and baby carrots dressed with oil & garlic

Steamed Asparagus

with shallots & herbs

Vegetable Medley

broccoli, cauliflower, and carrots

Green Beans

with sautéed mushrooms & herbs, or walnuts

Sautéed Snow Peas and Shaved Carrots

Sautéed Broccoli Rabe

with roasted garlic and fire roasted red peppers

Creamed Spinach

Grilled Seasonal Vegetables

Sautéed Baby Spinach

with garlic & herbs

Grilled Baby Bok Choy

with ginger and water chestnuts

Potatoes & Rice

Roasted Red Bliss or Yukon Gold Potatoes

with garlic & herbs

Yukon Gold Potato Rosettes

rosettes of garlic mashed Yukon gold potatoes

Twice Baked Potatoes

with cheddar cheese

Tuscan Roasted Red & Yellow New Potatoes

in olive oil & herbs

Garlic Mashed Potatoes

Yukon gold mashed potatoes with roasted garlic

Whipped Sweet Potatoes

White & Wild Rice Pilaf

White & Wild Rice

with cranberries and pecans

Rice Pilaf Milanese

with saffron and Parmesan cheese

† *Item not included in base packages. Priced to market.*

DESSERTS

Assorted Cookie & Brownie Platter

Fresh Fruit Platter – cantaloupe, honey dew, pineapple, strawberries, grapes; served with raspberry sauce

‡ *Item is raw*

* *Item is cooked to order*

Consuming raw or undercooked meat, fish, shellfish, or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

Sheet Cakes, Specialty Cakes & Pastries

Hand Dipped Chocolate Strawberries – in white & milk chocolate